DAY 3

28-12-2021

On 28th December 2021, at 5.30am all the NSS Volunteers woke up. From 6.00 am to 7.00am Yoga,parade, physical exercise, Assembly,Flag hosting and thoughts of the day were given. The time to freshen up was 7.00am to 8.00am. From 8.00am to 9.00am the breakfast was served to the volunteers. At 9.00am the volunteers were assembled on the college grounds and left to clean the college area. After the work, from 1.30pm to 2.30pm volunteers were served lunch. From 2.30pm to 3.30pm the NSS Leaders conducted games for the volunteers. From 3.30pm to 4.30pm volunteers were given tea and time to fresh up. From 4.30pm to 6.00pm the life skills programme was guided by Ms Anu Mohan (Research Scholar of Manipal university). From 6.00pm to 6.30pm volunteers were given a break. From 6.30pm to 8.30pm Cultural Programmes were conducted by the NSS leaders for the NSS volunteers. From 8.30pm to 9.15pm dinner was served. From 9.20pm to 10.00pm camp evaluation and paper presentation was conducted. At 10.00pm the lights were off and the day came to an end.









Meraki 2k21

Life Skill Programme



Ms. Anu Mohan (Research Scholar, Manipal University)

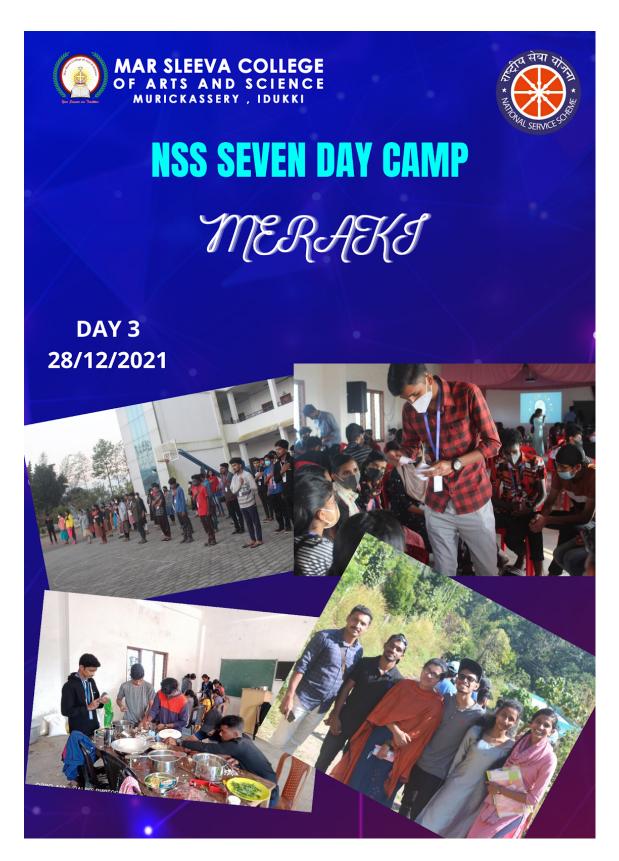
28-12-2021

4;30 pm to 06 pm









LIST OF PARTICIPANTS

- 1. Jibin jose
- 2. Steevo joseph

- 3. Agnal M Antony
- 4. Anson Jose
- 5. Nandana. P. M
- 6. Albin Benny
- 7. Ashmi Jose
- 8. Lawrence k s
- 9. Adarsh Shayju
- 10. Teswin sabu
- 11. Lakshmi V R
- 12. Nandukrishna shaji
- 13. Sachin Sibi
- 14. Arjunnadh v kumar
- 15. Albin Antony
- 16. Aparna Biju
- 17. Amal Prasad
- 18. Fejumol Biju
- 19. Sithara Biju
- 20. Abhijith Gigi
- 21. Albit joy
- 22. Anumol Manuel
- 23. Aleesha K Sabu
- 24. Anu steji
- 25. Albert Shaji
- 26. Bona Jose Baiju
- 27. Donal Thomas
- 28. Alan Joseph
- 29. Christo Joshy
- 30. Shinto augusthy
- 31. Gopika V J
- 32. Athul Sajeev
- 33. Anmaria k Eldhose
- 34. Aleena Manoj
- 35. Sandra K Benny
- 36. Anitajose
- 37. Abhai Antony
- 38. Gogul kJ
- 39. Aleena Antony
- 40. Risna KA
- 41. Aromal reju
- 42. Sherin varkey
- 43. Ebin Saji
- 44. Arya unni
- 45. Gopika.P.Vijayan
- 46. Devika Ramesh
- 47. Anugrahamol joy
- 48. Vishnupriya Saji
- 49. Nandhana santhosh
- 50. Aldrin Shaji
- 51. Ardra shaji
- 52. Eljo joy

- 53. Albert sunny
- 54. Sreelakshmi S
- 55. Delphin Lalan
- 56. Aromal aji
- 57. Akshai joseph
- 58. Sruthy saji
- 59. Amrutha Binu
- 60. Naveen KE
- 61. Albin prince
- 62. Johnson Joseph
- 63. Deepak Binoj
- 64. Dalbin Roy
- 65. Meenu bennu
- 66. Athul Ruby George
- 67. Aleena shibu
- 68. Anusha k sebastian
- 69. Jithu Saju
- 70. Salu c.m
- 71. Adithyan gopi
- 72. Beneetta Berly
- 73. Nayomi Sebastian
- 74. Sibil Sebastian
- 75. Abhijith v suresh
- 76. Anakha saju
- 77. Arjun Biju
- 78. Vishnu shaji
- 79. Vishnupriya